

AMERICA'S POPULATION NOW STANDS AT 342 MILLION PEOPLE

There could be tens of millions more people in your lifetime!

The 2020 Census found that the U.S. had a population of 331 million people on April 1, 2020. Now, in 2025, that number has grown to 342 million. If these trends continue you may see a population of 500 million or more in your lifetime.

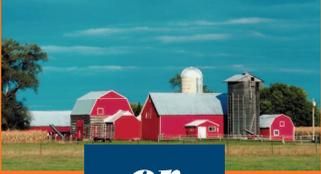
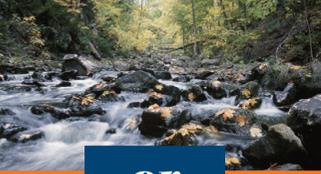
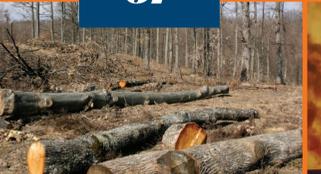
Many foolishly celebrate the addition of more people as a symbol that our nation is strong and prosperous. However, all Americans – especially our younger generations – should be concerned about the overcrowded nation of tomorrow.

How will we feed, clothe, house, and employ so many people? Can our environment sustain them? Can we enjoy the same quality of life in the future if we are competing for limited resources such as water and energy?

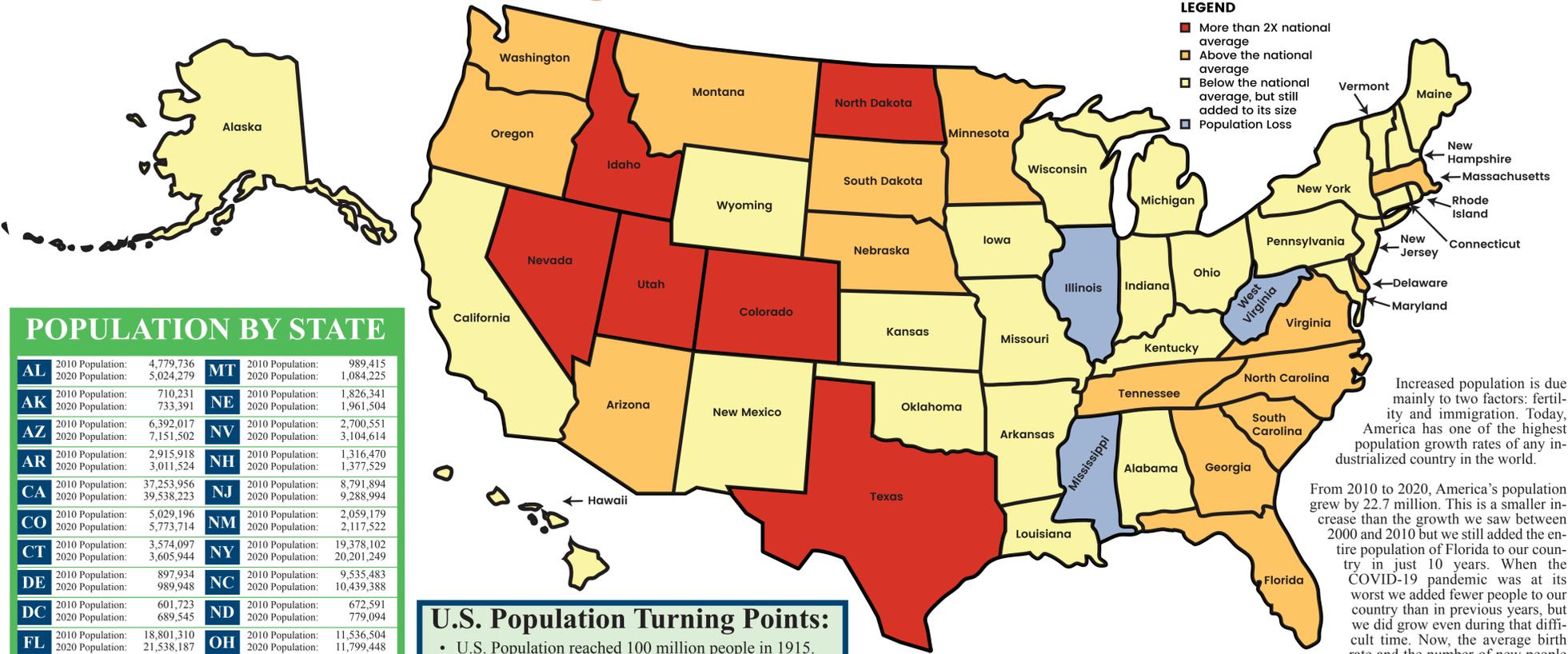
Population growth impacts everyone's life every day. The harmful consequences should concern each of us. It is time for us to slow our population growth, and then work together toward a sustainable national population size, far smaller than what we see today.

**It's your future...
What you do matters.**

THINK ABOUT THESE PROBLEMS...

Development and Expansion	Loss of Valuable Farmland	Limited Water Supplies	Energy Shortages	Destruction of Wildlife Habitat	Air Pollution
					
or	or	or	or	or	or
					
Can you see the impact of increased population in your daily life?	Will America be able to help feed the world in the future?	Can America's water supplies sustain a larger population?	How much will we disrupt our nation's fragile environment to fuel our future?	Isn't it our duty to protect our planet for all living creatures?	What are the major sources of air pollution in your community today?

POPULATION GROWTH RATE BY STATE 2010 - 2020 National Average Rate of Growth was 7.4%



POPULATION BY STATE

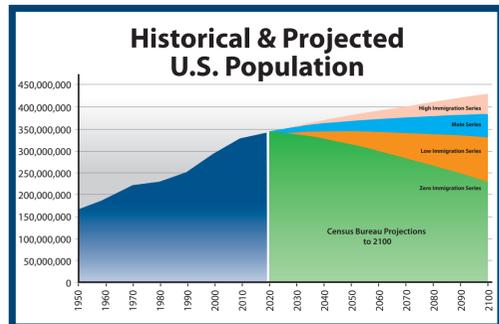
AL	2010 Population: 4,779,736 2020 Population: 5,024,279	MT	2010 Population: 989,415 2020 Population: 1,084,225
AK	2010 Population: 710,231 2020 Population: 733,391	NE	2010 Population: 1,826,341 2020 Population: 1,961,504
AZ	2010 Population: 6,392,017 2020 Population: 7,151,502	NV	2010 Population: 2,700,551 2020 Population: 3,104,614
AR	2010 Population: 2,915,918 2020 Population: 3,011,524	NH	2010 Population: 1,316,470 2020 Population: 1,377,529
CA	2010 Population: 37,253,956 2020 Population: 39,538,223	NJ	2010 Population: 8,791,894 2020 Population: 9,288,994
CO	2010 Population: 5,029,196 2020 Population: 5,773,714	NM	2010 Population: 2,059,179 2020 Population: 2,117,522
CT	2010 Population: 3,574,097 2020 Population: 3,605,944	NY	2010 Population: 19,378,102 2020 Population: 20,201,249
DE	2010 Population: 897,934 2020 Population: 989,948	NC	2010 Population: 9,535,483 2020 Population: 10,439,388
DC	2010 Population: 601,723 2020 Population: 689,545	ND	2010 Population: 672,591 2020 Population: 779,094
FL	2010 Population: 18,801,310 2020 Population: 21,538,187	OH	2010 Population: 11,536,504 2020 Population: 11,799,448
GA	2010 Population: 9,687,653 2020 Population: 10,711,908	OK	2010 Population: 3,751,351 2020 Population: 3,959,353
HI	2010 Population: 1,360,301 2020 Population: 1,455,271	OR	2010 Population: 3,831,074 2020 Population: 4,237,256
ID	2010 Population: 1,567,528 2020 Population: 1,839,106	PA	2010 Population: 12,702,379 2020 Population: 13,002,700
IL	2010 Population: 12,830,632 2020 Population: 12,812,508	RI	2010 Population: 1,052,567 2020 Population: 1,097,379
IN	2010 Population: 6,483,802 2020 Population: 6,785,528	SC	2010 Population: 4,625,364 2020 Population: 5,118,425
IA	2010 Population: 3,046,355 2020 Population: 3,190,369	SD	2010 Population: 814,180 2020 Population: 886,667
KS	2010 Population: 2,853,118 2020 Population: 2,937,880	TN	2010 Population: 6,346,105 2020 Population: 6,910,840
KY	2010 Population: 4,339,367 2020 Population: 4,505,836	TX	2010 Population: 25,145,561 2020 Population: 29,145,505
LA	2010 Population: 4,533,372 2020 Population: 4,657,757	UT	2010 Population: 2,763,885 2020 Population: 3,271,616
ME	2010 Population: 1,328,361 2020 Population: 1,362,359	VT	2010 Population: 625,741 2020 Population: 643,077
MD	2010 Population: 5,773,552 2020 Population: 6,177,224	VA	2010 Population: 8,001,024 2020 Population: 8,631,393
MA	2010 Population: 6,547,629 2020 Population: 7,029,917	WA	2010 Population: 6,724,540 2020 Population: 7,705,281
MI	2010 Population: 9,883,640 2020 Population: 10,077,331	WV	2010 Population: 1,852,994 2020 Population: 1,793,716
MN	2010 Population: 5,303,925 2020 Population: 5,706,494	WI	2010 Population: 5,686,986 2020 Population: 5,893,718
MS	2010 Population: 2,967,297 2020 Population: 2,961,279	WY	2010 Population: 563,626 2020 Population: 576,851
MO	2010 Population: 5,988,927 2020 Population: 6,154,913		

U.S. Population Turning Points:

- U.S. Population reached 100 million people in 1915.
- In 1967, U.S. population passes the 200 million mark.
- Our population exceeded 300 million in 2006.
- By about 2075, U.S. population could be as high as 416,000,000 depending on immigration patterns.

2020 CENSUS RESULTS

15 Most Populated States		15 Most Crowded States (number of people per square mile)	
California	39,538,223	New Jersey	1,263
Texas	29,145,505	Rhode Island	1,061
Florida	21,538,187	Massachusetts	901
New York	20,201,249	Connecticut	745
Pennsylvania	13,002,700	Maryland	636
Illinois	12,812,508	Delaware	508
Ohio	11,799,448	New York	429
Georgia	10,711,908	Florida	402
North Carolina	10,439,388	Pennsylvania	291
Michigan	10,077,331	Ohio	289
New Jersey	9,288,994	California	254
Virginia	8,631,393	Illinois	231
Washington	7,705,281	Hawaii	227
Arizona	7,151,502	Virginia	219
Massachusetts	7,029,917	North Carolina	215



Increased population is due mainly to two factors: fertility and immigration. Today, America has one of the highest population growth rates of any industrialized country in the world.

From 2010 to 2020, America's population grew by 22.7 million. This is a smaller increase than the growth we saw between 2000 and 2010 but we still added the entire population of Florida to our country in just 10 years. When the COVID-19 pandemic was at its worst we added fewer people to our country than in previous years, but we did grow even during that difficult time. Now, the average birth rate and the number of new people coming into this country are both returning to pre-pandemic levels.

Estimates are that nearly 90% of the United States' projected population growth will be the result of new people arriving in our country and the children they will have.

Eight states – Colorado, Florida, Idaho, Nevada, North Dakota, Utah, Texas, and Washington – currently have population growth rates that will see their population double in less than 50 years.

Only China and India have populations greater than ours. If America is going to remain a global leader, as well as a prosperous country, we must set an example by stopping and eventually reversing our population growth.

If you were to count all 342 million people in the United States – taking one second per person – it would take over 10 years.

If you lined up all 342 million residents of the United States back-to-back (with each person taking up 12 inches) the line would stretch for more than 64,000 miles. That's enough to circle the earth at the equator more than twice or cover the distance between New York City and Los Angeles 23 times!



Negative Population Growth

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For more information about NPG, please visit www.NPG.org.

This educational poster has been provided by the thousands of Negative Population Growth (NPG) members who are working together to stabilize America's population at a sustainable level, far smaller than today's, so that we will leave a prosperous and livable nation to future generations. Negative Population Growth is a 501(c)(3) non-profit organization.